

# Lunch & Learn: Virginia Opioid Crisis



Everyday, more than 115 People in the United States die after overdosing on opioids. In 2015, Virginia providers wrote 70 opioid prescriptions per 100 people. Between 21-29% of patients prescribed opioids misuse them, and between 8-12% of prescribed patients develop an opioid disorder. The McAuliffe Administration issued a State of Emergency in Virginia to increase awareness of the opioid crisis.

**This Lunch & Learn is set to increase awareness of the opioid crisis, and prepare the HCCA membership to understand the issue as it affects employment from a Medical, Human Resources, and Insurance Perspective.**



Kate Driscoll Malliarakis,  
PhD, ANP-BC, MAC, FAAN

Kate Driscoll Malliarakis, PhD, is an associate professor and the chair of the George Washington University School of Nursing (GW Nursing) Policy, Populations and Systems Community. Dr. Malliarakis' clinical interest is in substance abuse and addictions. Dr. Malliarakis maintains a private counseling practice specializing in addictions, especially health professionals with substance use disorders.

For over five years, Dr. Malliarakis was the Chief, Specific Drugs Branch in the White House Office of National Drug Control Policy in Washington, D.C., a policymaking office with direct oversight of more than 50 federal agencies that have received federal funds to address drug issues.

Martha Lujan Pauley is the Human Resources Director for Superior Paving Corp. She has 20+ years experience in all areas of Human Resources including benefits and compensation management, employee wellness and engagement, and training and development. Martha holds a Master of Management degree from the University of Mary in Bismarck, ND. She is also a certified Professional in Human Resources (PHR, SHRM-CP). Away from the office, she enjoys good coffee, Seahawks football, and spending time with her family.



Martha Pauley,  
Superior Paving



Jack Groseclose,  
Assurance Agency

Jack Groseclose is an Employee Benefits Advisor at Assurance with over 20 years of experience. He provides employee benefit solutions to the construction and technology industries, as well as government contractors. More specifically, Jack specializes in compliance, benefit plan structure and alternative funding arrangements. This includes helping clients become self or level-funded, utilizing Rx carve outs and customizing plan designs to save on overall healthcare premiums.

FREE for HCCA Members | RSVP - [events@hcca.net](mailto:events@hcca.net)

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Superior Paving: 5551 Wellington Road, Gainseville VA 20155

