

# Heavy Construction Contractors Association



Founded in 1957, the Heavy Construction Contractors Association (HCCA) provides its member companies with safety and certification training, legislative influence, community development, and networking opportunities. Our members represent every sector of the business value chain of the heavy construction industry, including site development, highway and utility contractors, material suppliers, engineering firms, legal and accounting firms, insurance providers, consultants, educators, municipalities, agencies, and transportation organizations. HCCA supports a long tradition of its members working together with local municipalities and the state government to create a fair, safe and positive work environment. It also provides many opportunities to learn, network and give back to the community through political and charitable activities. HCCA is a trade organization where the company is the member, and all of its employees can participate in the many membership benefits.

## LEGISLATIVE INFLUENCE

HCCA creates opportunities for its members to develop personal and broad-based relationships with local and state government officials and employees by maintaining active contact with the local municipalities and Virginia state legislators. HCCA employs a lobbyist in Richmond, VA to advance the interest of our membership and representing our members.

Recent Government accomplishments include:

- HCCA influenced Overweight Permit and Lien Law legislation, stopping the passage of several bills that were detrimental to our members and authoring and locating sponsorship for legislation that improved deficiencies in the existing lien laws.
- HCCA leaders meet directly with the Virginia Governor concerning transportation issues and select critical legislators annually.
- In a private meeting prior to the general election, HCCA members held a direct conversation with both gubernatorial candidates to exchange views and concerns.
- HCCA has been successful in advocating on behalf of members on both local and state level.
- HCCA regularly meets and hosts sessions with VDOT leadership and Secretary of Transportation to discuss mutual issues and highlight our members' interests.



## COMMUNITY ACTIVITIES & CHARITABLE CONTRIBUTIONS

HCCA provides many opportunities for social interaction and networking among its members, as well as specific opportunities to contribute to the greater community.

Volunteers plan and run regular activities including:

Monthly lunch and dinner meetings feature authoritative speakers in a relaxed environment in which members can interact with industry leaders and subject matter experts. HCCA Leadership Institute is a nine month program designed specifically for emerging and established industry leaders.

Workforce Development through a partnership with the state and local community colleges to create operator training courses to fulfill employment needs throughout the industry

Other activities include:

- Lunch & Learns
- Golf Outings & Tournaments
- 5K Run
- Pigeon Shoot Tournaments
- Basketball Pools
- Fishing Tournaments
- Softball Teams
- Football Pools



HCCA members have a strong commitment to their community. Charitable efforts, often held in conjunction with social activities, raise and distribute funds for college scholarships (Sidney R. Johnston Memorial Trust), general charities, and those in specific need. The HCCA organization operates with a very small staff and a great deal of volunteer support. Through their work, our committee members develop deep personal contacts while advancing both their association and their career goals.



# HCCA SAFETY TRAINING

Welcome to the Heavy Construction Contractors Association (HCCA) Safety Training Program. The enclosed HCCA Safety Training Schedule includes all of our regularly scheduled courses, and we offer **custom courses** to suit your schedule & individual company needs. HCCA offers wide selection of training courses and certifications.

HCCA courses are available in **ENGLISH, SPANISH and PORTUGUESE** with our in-house trainer,  
Ari Henrique (HCCA Director of Safety & Training)

**To register for the MISS UTILITY WEB TICKET ENTRY TRAINING or VIRGINIA DAMAGE PREVENTION ACT TRAINING Please contact Robbyn Smith 703-392-7410 or [robbyn@hcca.net](mailto:robbyn@hcca.net)**

**To register for all other a courses, please complete & submit the HCCA Training Registration Form included (also available online at [www.hcca.net/training](http://www.hcca.net/training))**

## CUSTOM COURSES

If you have specific dates and course types required to fulfill safety training requirements or contracts, HCCA can accommodate your needs. HCCA will schedule a custom course with your choice of date and location with a minimum of 5 attendees per course type. Dates contingent upon trainer availability.

To schedule a CUSTOM COURSE,  
please contact Ari Henrique [ahenrique@hcca.net](mailto:ahenrique@hcca.net)  
HCCA Office (703)392-7410

## TRAINING SCHEDULE UPDATES, WEEKEND TRAINING & "POP-UP" or RAINY DAY TRAINING

HCCA follows the changing weather, and on days unsuitable for work - HCCA may schedule "POP-UP" or RAINY DAY training.

An email notification is sent to all contacts on our Training Email List for updates, weekend, rainy day or "pop-up" training classes. **To be added to our Training Email List, please email your name, company name and phone number to**

**[training@hcca.net](mailto:training@hcca.net)**

# WHO IS REQUIRED TO TRAIN?

## VDOT Basic Work Zone Safety Training

This one day course is required for all persons with duties that include any of the following Maintenance Type activities:

- Direct responsibility for placement of work zone traffic control devices
- Direct responsibility for field maintenance of work zone traffic control devices
- VDOT Maintenance Managers.

## VDOT Intermediate Work Zone Safety Training

This two day course is required for all persons with the following **Construction** type duties:

- Inspection of the placement or operational function of work zone traffic control devices
- Construction Supervisory responsibilities
- Maintenance of Traffic Coordinators on construction projects
- Regional Traffic Engineering Work Zone Safety Coordinators
- Regional Safety Engineers (ES&H)
- Traffic Control Supervisors
- Personnel with responsibility for the development of work zone safety policies and procedures.

## VDOT Advanced Work Zone Safety Training

This two day course is required for personnel with responsibility or authority for the **Design and/or Review** of work zone traffic control requirements to be implemented. These positions include the following:

- The roadway design or bridge engineer responsible for the work zone traffic control plan development
- The drafting or electronic generation of work zone traffic control plans
- Residency permits personnel charged with reviewing and approving work zone traffic control.

## VDOT Erosion & Sediment Control Contractors Certification

In accordance with VDOT Road and Bridge Specification §107.16 (a), land disturbing activity which occurs within the VDOT right-of-way **must be supervised by a certified Erosion and Sediment Control (ESC) Contractor** who is required to be on-site at all times during that land-disturbing activity. The VDOT Erosion and Sediment Control Contractor Certification (ESCCC) Program was developed to satisfy this certification requirement.

## First Aid, CPR & AED Certifications

This one day course includes First Aid, CPR and AED comprehensive training needed to meet OSHA First Aid Standard 29 CFR 1910.151. The OSHA First Aid standard (29 CFR 1910.151) requires trained first-aid providers at all workplaces of any size if there is no "infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees." OSHA has long interpreted the term "near proximity" to mean that emergency care must be available within no more than 3-4 minutes from the workplace, an interpretation that has been upheld by the Occupational Safety and Health Review Commission and by federal courts.

## 201 HCCA Safety Training Price List

COURSE NAME	HCCA MEMBER PRICE PER ATTENDEE	NON-MEMBER PRICE PER ATTENDEE
First Aid / CPR /AED (Spanish or English)	\$ 80.00	\$ 100.00
Miss Utility Law (available in Spanish or English)	Free	Free
Miss Utility Web Ticket Entry	Free	Free
OSHA 10 (available in Spanish or English)	\$ 210.00	\$ 325.00
OSHA 30 (available in Spanish or English)	\$ 475.00	\$ 650.00
Lock Out / Tag Out	Call for price	Call for price
Fall Protection	Call for price	Call for price
Basic Rigger Level 1 & Signal	\$ 150.00	\$ 175.00
Trenching & Excavation/Soils Mechanics	Call for price	Call for price
Confined Space	Call for price	Call for price
VDOT Erosion & Sediment Control Contractors Certification (ESCCC)	\$ 175.00	\$ 225.00
VDOT Work Zone Basic (Spanish or English)	\$ 125.00	\$ 150.00
VDOT Work Zone Intermediate	\$ 340.00	\$ 380.00
VDOT Work Zone Advanced	\$ 500.00	\$ 650.00

Additional courses & group discounts are available, please call Ari Henrique at HCCA 703-392-7410



# Heavy Construction Contractors Association

9251 Industrial Court-Suite 201, Manassas, Virginia 20109  
(703) 392-7410 phone / (703) 392-7249 fax

## TRAINING REGISTRATION FORM

Please complete registration form. Submit via fax to 703-392-7249 or via email to [training@hcca.net](mailto:training@hcca.net)

Company Contact Name \_\_\_\_\_

Company Contact Phone \_\_\_\_\_

Company Contact Email \_\_\_\_\_

Company \_\_\_\_\_

Billing Address \_\_\_\_\_

\_\_\_\_\_

Certifications are to be mailed to Billing Address above.

Certifications are to be mailed to: \_\_\_\_\_

\_\_\_\_\_

Course Name \_\_\_\_\_

Course Date(s) \_\_\_\_\_

Name(s) of Course Attendee(s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Payment Information

HCCA Member

Non-Member

HCCA Member – Bill Me

Check (Payable to: HCCA) Payment must be received on or before class date.

Mail Check to: HCCA 9251 Industrial Court, Suite 201 - Manassas, VA 20109

Credit Card - Invoice will be e-mailed to company contact with a payment link.

Please note a 4% credit card processing fee will be added to the invoice total.